

## Curriculum vitae

**Latest Update: Jun 2022**

### **PERSONAL INFORMATION:**

**Name:** *Nehleh*

**Last Name:** *Parandavar*

**Date of Birth:** *1979*

**Place of Birth:** *Jahrom, Iran*

**Nationality:** *Iranian*

**Marital status:** *Married*

**Work address:** *School of Para Medicine, Jahrom University of Medical Sciences, Mottahari Avenue, Jahrom, Fars, Iran. Postal Code: 74148-46199.*

**Cell-Phone:** *+989177916704*

**E-mail:** *shaghayegh\_ne.2001@yahoo.com*

**Academic e-mail:** *Parandavar@JUMS.ac.ir*

**Languages:**

**Native language:** *Farsi*

**English:** *Moderate*

**Arabic:** *Basic*

**H-Index:**

**Google Scholar:** *11*      **Scopus:** *8*

### **Researcher Profile links:**

**1- ORCID:** *orcid.org/0000-0002-0615-9210*

**2- Thomson Reuters Researcher ID:** *J-5324-2012*

**3- Scopus Author ID:** *36094715700*

**4- Google Scholar Profile**

### **Education:**

**1. MSc. of Medical education, Shiraz University of Medical Sciences (SUMS), Shiraz – Iran, 2018.**

**2. MSc. of Midwifery, Shiraz University of Medical Sciences (SUMS), Shiraz – Iran, 2012.**

**3. M.B., Nursing and Midwifery school, Shiraz University of Medical Sciences (SUMS), Shiraz – Iran, 2008.**

**4. Associate degree of Midwifery school, Islamic Azad University, Jahrom Branch, Jahrom- Iran 1998.**

**5. Graduated from Jahrom high school 1996.**

### **Approved research plan**

1. *Evaluation of sleep pattern in children 2 to 12 years old referred to health centers affiliated to Jahrom University of Medical Sciences in 2011(Executor of research project)*
2. *The effect of melatonin on climacteric symptoms and sexual dysfunction in postmenopausal women referred to selected gynecological clinics of Shiraz University of Medical Sciences in 2011 (Thesis)*
3. *The effect of melatonin on lipid levels in postmenopausal women referred to selected gynecological clinics of Shiraz University of Medical Sciences in 2012(Executor of research project)*
4. *Investigating the hidden dimensions of the curriculum in the formation of professional ethics from the perspective of students and professors of Jahrom University of Medical Sciences 2012.( Colleague)*
5. *Frequency of effective factors in the use of complementary milk in mothers with infants under 2 years of age referred to health centers in Jahrom 2011.( Colleague)*
6. *Prevalence of amniotic fluid impregnation with meconium and its related factors in pregnant women referred to hospitals affiliated to Jahrom University of Medical Sciences during the year 2012- 2017: 2013(Executor of research project)*
7. *Comparative study of job stress and sleep quality of nurses and midwives of different work shifts in Peymanieh and Motahhari hospitals in 2014.( Colleague)*
8. *The effect of adding magnesium sulfate to bupivacaine on spinal anesthesia of cesarean section patients referred to Motahhari Hospital 2014.( Colleague)*
9. *Prevalence of sleep disorders and its association with quality of life in patients with chronic renal failure undergoing hemodialysis in Jahrom and Fasa 2014 (Executor of research project)*
10. *The effect of music therapy on cesarean section pain in women referred to Motahhari Hospital in Jahrom 2015.( Colleague)*
11. *Investigating the effect of the workshop on the principles of providing feedback on the status of using feedback and the quality of teaching from students' perspectives 2014(Executor of research project)*
12. *Investigating the causes of mortality of children under 5 years old in Jahrom city in 2009.( Colleague)*
13. *Investigating the priority of factors related to non-reporting and recording of professional errors from the perspective of the treatment team and managers in teaching hospitals affiliated to Jahrom University of Medical Sciences 2012. ( Colleague)*
14. *Examining the alignment of professional self-concept and the decision of fourth year nursing students to stay in their profession 2012. ( Colleague)*
15. *Assessing the level of knowledge and the observance of the Charter of Patients' Rights in the operating room from the perspective of students and patients referring to the operating room of Jahrom hospitals 2012. ( Colleague)*
16. *Investigating the share of factors and obstacles and effective strategies in globaltion from the perspective of professors and students and nurses of Jahrom University of Medical Sciences 2012. ( Colleague)*
17. *Investigating the alignment of professional self-concept and practice of examples of professional ethics in nurses working in Jahrom hospitals2012 (Executor of research project)*
18. *Evaluation of the association of different blood groups and gestational diabetes in pregnant women in Jahrom 2013( Colleague)*
19. *Evaluation of the effectiveness of coping strategies on job stress of nurses working in Jahrom hospitals2014( Colleague)*
20. *Explaining the experiences of pregnant women regarding the choice of delivery method in selected clinics in Jahrom2013( Colleague)*
21. *The effect of physiological delivery training classes on the choice of delivery type and maternal and neonatal outcomes in pregnant women referred to Jahrom gynecological clinics 2012 (Executor of research project)*
22. *Prevalence of iron deficiency anemia in children 1-6 years Referred to clinics in Jahrom 2006(Executor of research project)*
23. *The effect of participating in childbirth preparation classes on vitality and positive emotions and attitudes toward the type of childbirth 1399 (Executor of research project)*
24. *Prevalence of menopausal symptoms in postmenopausal women 2018(Executor of research project)*
25. *Investigating the correlation of moral sensitivity and understanding of team work with the quality of care received in patients admitted to the internal surgery departments of medical training centers in Jahrom city.1401( Colleague)*

26. *Investigating the correlation between parents' emotional divorce and feelings of loneliness among adolescents in Jahrom city in 1401(Executor of research project)*
27. *Association of parenting styles on loneliness and self – Efficacy of children in the puberty in Jahrom in 1399(Executor of research project)*
28. *Ethnographic childbearing in the city of Jahrom 1398(Executor of research project)*
29. *Investigating the effect of mobile-based professional self-concept training program on nursing students' decision to stay in the profession1399( Colleague)*
30. *Investigating the association of parenting styles with selfesteem of jahrom University of Medical Sciences students in 2022( Colleague)*
31. *Association between Mental Health and job resiliency of Female nurses Personnel of jahrom University of Medical Sciences in 2022:1400(Executor of research project)*
32. *Investigating the effect of aromatherapy of pregnant mothers with spring orange scent on the Apgar of newborns at birth in elective cesarean surgeries of Motahari Hospital, Jahrom-2019( Colleague)*
33. *Investigating the effect of sound therapy in women undergoing caesarean section with spinal anesthesia on Apgar scores of newborns born in Motahari Hospital, Jahrom-2019( Colleague)*
34. *Investigating the effect of participation in childbirth preparation classes on vitality and positive affect and attitude towards the type of childbirth in pregnant women 2019(Executor of research project)*
35. *Investigating the contribution of factors, obstacles and effective skills in patient education from the perspective of professors, students and nurses in jahrom University of Medical Sciences students in 2012( Colleague)*
36. *Investigating the epidemiological situation of preeclampsia and maternal and neonatal complications related to it during the years 2018-2019: a retrospective study. (Executor of research project)*
- 37.

#### **Articles:**

- 1- *Is there any relationship between academic gainiement and using additional classes before entering university? Jokull journal. 2015: 65(6): (Second person)*
- 2- *Effect of self-care education by face to face method on the quality of life in hemodialysis patients. Global journal of health science.2016: 8(6). (forth person)*
- 3- *A comparative study of quality of life in infertile and fertile women reff. To Jahrom Infertility center. Global journal of health science. 2017: 9(4). (third person and correspond)*
- 4- *A study of the relationship between nurses' professional self- concept and professional ethics in hospitals affili. To Jahrom U.M.S Global journal of health science. 2016: 8(4). (firth person)*
- 5- *Nursing students perspectives regarding challenges of patient education in clinical setting Bangladesh Journal of medical science 2016: 15(4). (third person)*
- 6- *Exploring Jahrom resident's awareness of treatment through embryo donation and of moral and legal issues associated with in 2015. Journal of fundamental and applied sciences. 2016: 8(3s). (third person)*
- 7- *Investigate the relationship between sleep quality and some blood parameters in thalassemia Major patients referred to cooly's ward at motahari hospital in jahroom. Journal of biosciences biotechnology of research asia. 2016: 13(2). (fifth person and correspond)*

- 8- *Informal curriculum as a important part of education the various dimensions of hidden curriculum from the professore and students viewpoints. International journal of nursing education. 2013: 5(2). (Second person)*
- 9- *iers to infertility treatment: an integrated study. Global journal of health science. 2014. (Second person)*
- 10- *A comprehensive survey of the choice of delivery in urban women community : ethical challenge: an ethnographic research. Journal of pharmaceutical and biomedical sciences. 2014:4(3). (third person)*
- 11- *Iran: the first ranks in caesarean section? Why and how: A phenomenological study. Journal of pharmaceutical and biomedical sciences. 2014:4(3). (second person)*
- 12- *The relationship between professional self- concept and nursing students' decision for job retention. Journal of pharmaceutical and biomedical sciences2014. (third person)*
- 13- *A comprehensive analysis of the effective factors in gaining professional competencies from the nurses' viewpoints. Journal of pharmaceutical and biomedical sciences. 2014:4(2). (forth person)*
- 14- *Menopause and crisis? Fake or real comprehensive search to the depth of crisis experienced: A mixed method study. Global journal of health science. 2014:6(2). (first person)*
- 15- *A study of the barriers and facilitators of patient education from the viewpoint of nursing students. Jukoll journal. 2015. (first person)*
- 16- *Investigating factors associated with not reporting medical errors from the medical team's point of view in Jahrom, Iran. Global journal of health science. 2014:6(6). (second person)*
- 17- *The effect of melatonin on climacteric symptoms in menopausal women; A double- blind, randomized controlled, clinical trial. Iran journal of public health. 2014:43(10). (first person)*
- 18- *Attention to psychological approach in infertility: the effect of hope therapy: A case report. International journal of analytical pharmaceutical & biomedical sciences. 2014:3(4). (second person)*
- 19- *Students' experience about the hidden curriculum: A qualitative study. Journal of Rafsanjan Univ Sci. 2014: 13(2). (second person)*
- 20- *A study on the occurrence of iron deficiency anemia in 1-6 year old children referring to health care centers in Jahrom,1385. Journal of Jahrom university of medical sciences (Pars). 2010: 8(2) .(first person)*
- 21- *Perspective of students about professional ethics compliance of clinical instructors in Jahrom University of Medical Sciences. Journal of Education and Ethics in Nursing. 2014:3(2). (second person)*
- 22- *Evaluation of the practice of professional ethics in nurses working in hospitals affiliated to Jahrom University of Medical Sciences. Journal of Education and Ethics in Nursing 2015:4(2). (forth person and correspond)*

- 23- *The effect of melatonin on the lipid levels in menopausal women: A double-blind, controlled, clinical trial. J Edu Health Promot. 2018;7:144. (first person)*
- 24- *The effect of melatonin on sexual function in menopausal women: A double-blind, controlled, clinical trial. Journal of nursing and midwifery studies. 2017: 6:149-55. (first person)*
- 25- *Designing a blended training program and its effects on clinical practice and clinical reasoning in Midwifery students. J Educ Health Promo. 2019: 8:131. (first person)*
- 26- *Comparative effect of nature- based sounds intervention and headphones intervention on pain severity after cesarean section: A prpspective double- blind randomized trial. Anesth Pain Med. 2019: 9(2). (forth person)*
- 27- *Assessing the scientific competency of new graduate nursing in Jahrom university of medical sciences. Since 2009- 2016. Pharmacophore Journal. 2017:8(4). (tirth person)*
- 28- *Assessing the Rate of Social Phobia among Infertile Women. Journal of Global Pharma Technology. 2016; 12(8). (first person)*
- 29- *Increasing and decreasing factors of hope in infertile women with failure in infertility treatment: A phenomenology study. Iran J reproductive medicine. 2014: 12(2). (second person)*
30. *Mogharab F, Esmaelpour N, Mosalanezhad Z, Parandavar N, Kalani N, Rasekh Jahromy A. Investigating the level of marital satisfaction of pregnant women during the outbreak of covid-19: a descriptive-analytical study in southern Iran. Medical Journal of Mashhad University of Medical Sciences. 2023; 66(4): 844-852.*
31. *Mosalanejad L, Parandavar N, Abdollahifard S. Barriers to infertility treatment: An integrated study. Global Journal of health Science. 2014; 6(1): 181-191.*

#### **Thesis:**

- 1- *Designing a blended training program and its effects on clinical practice and clinical reasoning in Midwifery students (Thesis in Medical education)*
- 2- *The effect of melatonin on the climacteric symptoms and sexual dysfunction of menopausal women referring to the selected gynecology clinics of Shiraz University of Medical Science, 2011:(Thesis in midwifery)*

#### **Participate in congresses**

- 1- *Challenges in surrogacy Uterus: Jahrom university of medical sciences:2011 (3th person): Poster*
- 2- *Midwife's forgotten place in explaining infertility issues: Jahrom university of medical sciences:2011 (1th person): Poster*
- 3- *Climacteric symptoms in postmenopausal women and existing treatment methods: the first national conference of reproductive health and infertility(Islamic Azad University of Najaf Abad):2012: (1th person): Poster*
- 4- *Cerebrovascular thrombosis in pregnancy: Conference on specific aspects of neurological disease during pregnancy Mazandaran University of Medical Sciences: 2012: (1th person): Poster*
- 5- *Headache in pregnancy: physiological or pathological: Conference on specific aspects of neurological disease during pregnancy Mazandaran University of Medical Sciences: 2012: (1th person): Poster*

- 6- *Infertility and its psychological effects: First National Conference on Reproductive Health and Infertility Islamic Azad University, Najafabad Branch: 2012: (2th person): Poster*
- 7- *Evaluation of general health status in postmenopausal women referring to health centers affiliated to Jahrom University of Medical Sciences: The fifth national seminar on midwifery nursing and research Gorgan University of Medical Sciences and Health Services: 2012: (1th person): Poster*
- 8- *Investigating the causes related to the onset of artificial milk in children referred to health centers affiliated to Jahrom University of Medical Sciences: The fifth national seminar on midwifery nursing and research Gorgan University of Medical Sciences and Health Services: 2012: (1th person): Poster*
- 9- *International Congress on the Women's Health Promotion:2013: (5th person): Poster*
- 10- *The effect of melatonin on reducing muscle pain in postmenopausal women : The sixth national seminar on midwifery nursing and research Gorgan University of Medical Sciences and Health Services:2013: (1th person): Lecture*
- 11- *Survey of Nursing Students' Professional Self-Concept: A Descriptive Study: The sixth national seminar on midwifery nursing and research Gorgan University of Medical Sciences and Health Services:2013(2th person): Poster*
- 12- *The general health status of postmenopausal women: The sixth national seminar on midwifery nursing and research Gorgan University of Medical Sciences and Health Services:2013(1th person): Poster*
- 13- *The effect of melatonin on sexual function in postmenopausal women: 2nd National Congress on Healthy Living Development of Nursing and Midwifery Care: 2013(1th person): Poster*
- 14- *Evaluation of mental health and marital adjustment in infertile couples: 2nd National Congress on Healthy Living Development of Nursing and Midwifery Care:2013(3<sup>th</sup> person): Poster*
- 15- *Detection of surrogacy: ethical challenge: 1<sup>st</sup> International congress on reproductive ethics & 3<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences:2013(3<sup>th</sup> person): Poster*
- 16- *Factors affecting sexual function in infertile couples: 1<sup>st</sup> International congress on reproductive ethics & 3<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences: 2013(2<sup>th</sup> person): Poster*
- 17- *Marriage age and its effect on reproductive ethics: 1<sup>st</sup> International congress on reproductive ethics & 3<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences: 2013(4<sup>th</sup> person): Poster*
- 18- *Association of healthy sexual relation informed by Islam with the quality of life in women: 1<sup>st</sup> International congress on reproductive ethics & 3<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences: 2013(3<sup>th</sup> person): Poster*
- 19- *Evaluation of the side effects attributed to tubal ligation and satisfaction with this method in women in Jahrom: 1<sup>st</sup> International congress on reproductive ethics & 3<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences: 2013(1<sup>th</sup> person): Poster*
- 20- *Does infection play a role in infertility? 1<sup>st</sup> International congress on reproductive ethics & 3<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences: 2013(2<sup>th</sup> person): Poster*
- 21- *Survey of men's and women's attitudes to oocyte donation in Jahrom: 1<sup>st</sup> International congress on reproductive ethics & 3<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences: 2013(1<sup>th</sup> person): Poster*
- 22- *Is Melatonin effect on weight and body mass index?: International congress on women's health promotion. Urmia university of medical sciences:2013(1<sup>th</sup> person): Poster*

- 23- *Types of pain control methods after cesarean section: International congress on women's health promotion. Urmia university of medical sciences:2013(4<sup>th</sup> person): Poster*
- 24- *Evaluation of the effectiveness of designed programs on improving the quality of life in breast cancer patients: The national conference on applied research for health promotion. Khorasgan branch Islamic Azad University.2013(3<sup>th</sup> person): Poster*
- 25- *Doctor and midwife and moral approach to some fertility and infertility issues: 1<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences: 2009(1<sup>th</sup> person): Poster*
- 26- *Challenges in the alternative uterus ( surrogacy): 2<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences. 2011(2<sup>th</sup> person): Poster*
- 27- *The role of midwives in infertility: 2<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences. . 2011(1<sup>th</sup> person): Poster*
- 28- *Accompanying professional self-concept and clinical performance of nursing students: a significant issue in student promotion: 15<sup>th</sup> national congress of medical education: 2013(2<sup>th</sup> person): Poster*
- 29- *Investigating the importance of the challenges of the teaching method of learning through peers and its association with some demographic characteristics: 15<sup>th</sup> national congress of medical education: 2014(3<sup>th</sup> person): Poster*
- 30- *Expectations from Nursing Education: Self-Assessment of Nursing Students' Clinical Performance: 15<sup>th</sup> national congress of medical education: 2014(2<sup>th</sup> person): Poster*
- 31- *Comparison of the effect of teaching methods on students' learning: 15<sup>th</sup> national congress of medical education: 2014(3<sup>th</sup> person): Poster*
- 32- *Examining students' views on the challenges of participating in the teaching process: 15<sup>th</sup> national congress of medical education :2014(3<sup>th</sup> person): Poster*
- 33- *The assessment of mental health in Iranian teenagers: 7<sup>th</sup> international congress student research2014(4<sup>th</sup> person): Poster*
- 34- *.Prayers, a spiritual approach to mental health. 7<sup>th</sup> international congress student research 2014(4<sup>th</sup> person): Poster*
- 35- *Evaluation of nutritional status get folate in patients of breast cancer. 7<sup>th</sup> international congress student research 2014(2<sup>th</sup> person): Poster*
- 36- *The effectiveness of psychological interventions in reducing stress in infertile women: 7<sup>th</sup> international congress student research . 2014(4<sup>th</sup> person): Poster*
- 37- *Check the benefits of drug addiction treatment for women in the community: 7<sup>th</sup> international congress student research: 2014(4<sup>th</sup> person): Poster*
- 38- *The evaluation of obesity in women: Fourth Congress of Student Research Committees of the Southern Network:Shiraz: 2014(2<sup>th</sup> person): Poster*
- 39- *The effect of melatonin on sexual function in postmenopausal women: The Second National Congress on Healthy Living and Development of Bushehr Nursing and Midwifery Care: : 2013(4<sup>th</sup> person): Poster*
- 40- *Evaluation of mental health and marital adjustment in infertile couples: The Second National Congress on Healthy Living and Development of Bushehr Nursing and Midwifery Care: 2013(3<sup>th</sup> person): Poster*
- 41- *Psychological intervention, an effective method to improve health in multiple sclerosis patients: 10<sup>th</sup> International Iranian MS congress. Isfahan University of medical sciences: 2013(3<sup>th</sup> person): Poster*
- 42- *Strategies for management of fatigue related to MS: 10<sup>th</sup> International Iranian MS congress. Isfahan University of medical sciences: 2013(3<sup>th</sup> person): Poster*
- 43- *The efficacy of alternative medicine for multiple sclerosis patients: 10<sup>th</sup> International Iranian MS congress. Isfahan University of medical sciences: 2013(3<sup>th</sup> person): Poster*

- 44- *Complementary approaches in the management of fatigue related to MS: 10<sup>th</sup> International Iranian MS congress. Isfahan University of medical sciences: 2013(4<sup>th</sup> person): Poster*
- 45- *Multiple Sclerosis and reflexology: 10<sup>th</sup> International Iranian MS congress. Isfahan University of medical sciences: 2013(3<sup>th</sup> person): Poster*
- 46- *Some predisposing reproductive factors of breast cancer among women in Jahrom: 6<sup>th</sup> national congress of breast cancer: 2013(1<sup>th</sup> person): Poster*
- 47- *Status of breast screening procedures among women in Jahrom: 6<sup>th</sup> national congress of breast cancer: 2013(1<sup>th</sup> person): Poster*
- 48- *Performance of menopause women in breast self- examination: 6<sup>th</sup> national congress of breast cancer: 2013(1<sup>th</sup> person): Poster*
- 49- *Is using ginger in the treatment of pregnancy nausea and vomiting a safe treatment option? The Second National Student Congress of Medical Sciences Research- Urmia: 2014(3<sup>th</sup> person): Poster*
- 50- *Attitudes towards egg donation therapy: The Second National Student Congress of Medical Sciences Research- Urmia: 2014(2<sup>th</sup> person): Poster*
- 51- *Fertility issues and women's empowerment: National Conference on Reproductive Health Education and Counseling 2014(3<sup>th</sup> person): Poster*
- 52- *Strategies to prevention of addiction in adolescents: 8<sup>th</sup> international congress on addiction science tehran: 2014(4<sup>th</sup> person): Poster*
- 53- *The importance of coping strategies with stress in drug addicts: 8<sup>th</sup> international congress on addiction science tehran: 2014(5<sup>th</sup> person): Poster*
- 54- *Evaluation of coping strategy with stress in the drug addicts referring to methadone maintenance therapy of Jahrom 2014: 8<sup>th</sup> international congress on addiction science tehran: 2014(4<sup>th</sup> person): Poster*
- 55- *Evaluation of self- efficacy in the drug addicts population: a descriptive study: 8<sup>th</sup> international congress on addiction science tehran: 2014(4<sup>th</sup> person): Poster*
- 56- *The correlation between coping styles and self- efficacy among relapsing addicts: 8<sup>th</sup> international congress on addiction science tehran: 2014(5<sup>th</sup> person): Poster*
- 57- *What is the role of marriage age in population policies? 7th Congress of Reproductive and Infertility Health- Shahid Beheshti University of Tehran: 2015(3<sup>th</sup> person): Poster*
- 58- *Reproductive health threatening infection A review study: 7th Congress of Reproductive and Infertility Health- Shahid Beheshti University of Tehran: 2015(2<sup>th</sup> person): Poster*
- 59- *A comparative study of quality of life in infertile and fertile women reff. To Jahrom Infertility center: 1th international nursing and midwifery congress on health and wellbeing: : 2014(3<sup>th</sup> person): Poster*
- 60- *Anthropometric status in postmenopausal women: 1th international nursing and midwifery congress on health and wellbeing: 2014(1<sup>th</sup> person): Poster*
- 61- *Attitudes to ethical and jurisprudential aspects of gamete donation in Jahrom: 1th international nursing and midwifery congress on health and wellbeing: 2014(2<sup>th</sup> person): Poster*
- 62- *Preference of management factors associated with not reported and recorded professional form the perspective of health care team: 1th international nursing and midwifery congress on health and wellbeing: 2014(3<sup>th</sup> person): Poster*
- 63- *The effect of self-care education on anxiety depression and stress in hemodialysis patients: 2<sup>nd</sup> international & 6<sup>th</sup> national Iranian congress on health education and promotion –kermanshah: 2015(3<sup>th</sup> person): Poster*
- 64- *The effect of obesity on breast cancer in women: International Congress on Maternal and Childhood Obesity: 2015(2<sup>th</sup> person): Poster*
- 65- *Herbal medicine and its effect on weight loss: International Congress on Maternal and Childhood Obesity: 2015(1<sup>th</sup> person): Poster*



- 66- Ninth Congress of Breast Cancer: 2013(4<sup>th</sup> person): Poster
- 67- Ninth Congress of Breast Cancer: 2013(4<sup>th</sup> person): Poster
- 68- Chronic pain and life in old age: National Pain Management Seminar- shiraz university of medical sciences: 2013(2<sup>th</sup> person): Poster
- 69- Evaluation of medicinal plants used in women for relief pains: National Pain Management Seminar- shiraz university of medical sciences: 2013(1<sup>th</sup> person): Poster
- 70- Non- pharmacological intervention and management of procedural pain in preterm and term neonate: National Pain Management Seminar- shiraz university of medical sciences: 2013(3<sup>th</sup> person): Poster
- 71- A systematic review of labor pain and hypnosis: National Pain Management Seminar- shiraz university of medical sciences: 2013(4<sup>th</sup> person): Poster
- 72- The effect of melatonin on muscle pain in postmenopausal women referred to Shiraz gynecological clinics: National Pain Management Seminar- shiraz university of medical sciences: 2013(1<sup>th</sup> person): Lecture
- 73- Evaluation of anthropometric status of postmenopausal women referring to Jahrom clinics: First International Congress on Menopause and Andropause, Healthy Aging- Ahvaz: 2012(1<sup>th</sup> person): Poster
- 74- The effect of melatonin on weight changes and body mass index in postmenopausal women referred to Shiraz gynecology clinic in 1991: First International Congress on Menopause and Andropause, Healthy Aging- Ahvaz: 2012(1<sup>th</sup> person): Poster
- 75- Spiritual health and life expectancy: A review of studies: National Conference on Health System Transformation in the Field of Spirituality, Approaches and Strategies- Jahrom: 2016(1<sup>th</sup> person): Poster
- 76- Spiritual health Spiritual care and the provision of health services: National Conference on Health System Transformation in the Field of Spirituality, Approaches and Strategies- Jahrom: 2016(1<sup>th</sup> person): Poster
- 77- Approaches of traditional medicine in the treatment of infertility with male causes: National Conference on Health System Transformation in the Field of Spirituality, Approaches and Strategies- Jahrom: 2016(1<sup>th</sup> person): Poster
- 78- Survey of the attitude of Jahrom residents towards treatment through embryo donation and related ethical and jurisprudential issues-2015: Fourth National Conference on Ethics and New Methods of Infertility Treatment, Jahrom University of Medical Sciences : 2016(1<sup>th</sup> person): Poster
- 79- The effect of smoking on fertility parameters: Fourth National Conference on Ethics and New Methods of Infertility Treatment, Jahrom University of Medical Sciences: 2016(1<sup>th</sup> person): Poster
- 80- The effect of infertility on the psyche of infertile women: Fourth National Conference on Ethics and New Methods of Infertility Treatment, Jahrom University of Medical Sciences: 2016(1<sup>th</sup> person): Poster
- 81- The surrogacy is the challenging issue: Fourth National Conference on Ethics and New Methods of Infertility Treatment, Jahrom University of Medical Sciences: 2016(1<sup>th</sup> person): Poster
- 82- Is quality of life lower in infertile than fertile women? International congress of debatable topics on obstetrics, gynecology & infertility. Shahid behashti university of medical sciences: 2016(1<sup>th</sup> person): Poster
- 83- Ethics, the forgotten issue in the treatment of infertility: The first international congress of complementary and alternative medicine: Mashhad university of medical sciences: 2015(1<sup>th</sup> person): Poster
- 84- Complementary medicine an effective approach in treating cancer symptoms: The first international congress of complementary and alternative medicine: Mashhad university of medical sciences: 2015(2<sup>th</sup> person): Poster

- 85- *Obesity and male infertility: A systematic review: 16<sup>th</sup> congress on reproductive biomedicine and 10<sup>th</sup> royan nursing and midwifery seminar: 2015(1<sup>th</sup> person): Poster*
- 86- *The effect of obesity on breast cancer in Iran: 5th Iran Obesity Prevention and Treatment Congress Tehran: 2015(2<sup>th</sup> person): Poster*
- 87- *Breast feeding: bright horizontal on adulthood: 5th Iran Obesity Prevention and Treatment Congress Tehran: 2015(1<sup>th</sup> person): Poster*
- 88- *Effects of obesity and overweight on pregnancy: 5th Iran Obesity Prevention and Treatment Congress Tehran: 2015(1<sup>th</sup> person): Poster*
- 89- *The opinion of students of Jahrom College of Nursing and Paramedicine regarding the status of professors' compliance with professional ethics in clinical education: 17<sup>th</sup> national medical education congress:2016(3<sup>th</sup> person): Poster*
- 90- *Overall evaluation of the quality of life of infertile women: 6<sup>th</sup> congress on family & sexual health. Tehran 2015(1<sup>th</sup> person): Poster*
- 91- *A new approach in the treatment of sexual dysfunction in postmenopausal women: 6<sup>th</sup> congress on family & sexual health. Tehran 2015(1<sup>th</sup> person): Poster*
- 92- *Examining the level of awareness of nursing students about the ethical codes of clinical services: The fourth annual congress of medical ethics of Iran and the fourth annual congress of nursing ethics: Tehran University of medical sciences: 2016(5<sup>th</sup> person): Poster*
- 93- *A review of satisfaction from family physician in iran: International conference on family physician december 27-28 2015: shiraz university of medical sciences2015(2<sup>th</sup> person): Poster*
- 94- *The barrier of infertility treatment: integrated study:The second women's health seminar in Iran:2013*
- 95- *probiotics : new approach in prevention of necrotizing enterocolitis: International neonatal & perinatal medicine congress 25-27feb 2013. Mashhad(2<sup>th</sup> person): Lecture*
- 96- *The importance of preconception care in men: International neonatal & perinatal medicine congress 25-27feb 2013. Mashhad(3<sup>th</sup> person): Lecture*
- 97- *Examining the professional communication of nursing students: The first congress of nursing ethics in Tehran: 2013(4<sup>th</sup> person): Poster*
- 98- *The palliative care nurse is the missing link in the care of cancer patients: 10<sup>th</sup> annual clinical oncology congress: 2015(5<sup>th</sup> person): Poster*
- 99- *Cancer patients and the use of complementary and alternative medicine: challenges and strategies: 10<sup>th</sup> annual clinical oncology congress: 2015(5<sup>th</sup> person): Poster*
- 100- *Attention to the most common misconceptions of women about breast cancer: 10<sup>th</sup> annual clinical oncology congress: 2015(4<sup>th</sup> person): Poster*
- 101- *Sleep pattern in 2-12 year old children of Jahrom city: 6<sup>th</sup> national congress of sleep disorders. Tehran: 2013(1<sup>th</sup> person): Poster*
- 102- *Melatonin: new approach in the treatment of climacteric symptoms in menopausal women. The national congress of women health. Isfahan university of medical sciences. 19th –21th 2014. Lecture presentation*
- 103- *Evaluation of hypochondriasis in women with tubal ligation. 1st International congress on reproductive ethics & 3rd National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences. December 18th – 20th, 2013. (1<sup>th</sup> person): Lecture*
- 104- *Assessment of people's attitudes towards the ethical and jurisprudential aspects of gamete donation in Jahrom. 1st International congress on reproductive ethics & 3rd National congress on*

*ethics & modern methods of infertility treatment. Jahrom university of medical sciences. December 18th – 20th, 2013: (1<sup>th</sup> person): Lecture*

- 105- *Demographic and clinical status of women referred to breast cancer screening clinic in Jahrom: 6th national congress of breast cancer. Tehran 2013: (3<sup>h</sup> person): Lecture*
- 106- *A look at family planning with a religious and social approach: 7th Fertility and Infertility Health Congress, 2nd of February 2015, Shahid Beheshti University, Tehran: (2th person): Lecture*
- 107- *The place of ethics in modern infertility treatments: 7th Fertility and Infertility Health Congress, 2nd of February 2015, Shahid Beheshti University, Tehran: (2th person): Lecture*
- 108- *The effect of melatonin on lipid levels in menopausal women: a double blind controlled clinical trial: 7th Fertility and Infertility Health Congress, 2nd of February 2015, Shahid Beheshti University, Tehran: (1th person): Lecture*
- 109- *Nursing care of the dying patient and factors affecting the quality of this care: The 6th Annual Congress of Medical Ethics of Iran. Shiraz University of Medical Sciences:2018(5th person): Poster*
- 110- *Maternal and neonatal effects of delayed cord clamping: A systematic review and meta analysis: 1st international congress of perinatology &7th national perinatology & neonatology 2019- Shiraz: (3th person): Poster*
- 111- *Oligosaccharides: A defense factor against pathogens in breast milk: 38<sup>th</sup> annual meeting of European society for paediatric infectious diseases 2020: Rotterdam: (2th person): Poster*
- 112- *Examining the caring behaviors of nurses and midwives from the perspective of students in teaching hospitals affiliated to Jahrom University of Medical Sciences:2019: (3th person): Poster*
- 113- *Frequency of climacteric symptoms in women in Jahrom. 23rd medical students annual national research congress & 9th the medical students international research congress. Ardabil: 2022: (5th person): Poster*
- 114- *Evaluation of the association of climacteric symptoms with some clinical features of women in Jahrom. 23rd medical students annual national research congress & 9th the medical students international research congress. Ardabil: 2022: (5th person): Poster*
- 115- *The effects of corona disease (Covid 19) on the treatment staff. The third national conference of interdisciplinary research in management and medical sciences: Tehran: 2021: (5th person): Lecture 2021*
- 116- *Probiotics and Gestational Diabetes: What is its effects? 1st international congress of perinatology & 7th National congress perinatology & Neonatology: Shiraz: 2019:(3th person): Poster*
- 117- ***Quality of life in fertile and infertile women- Jahrom. 4<sup>th</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences. 2015. (1<sup>th</sup> person): Poster***

#### **Attendance:**

- 1- *6<sup>th</sup> Iranian congress on update in pediatric endocrinology and metabolism. Mashhad university of medical sciences. September 2013.*
- 2- *1<sup>th</sup> International congress on Iranian women's health. June 2012.*
- 3- *2<sup>th</sup> national congress of ethics & modern methods of infertility treatment. Jahrom university of medical sciences. December 2011.*
- 4- *9<sup>th</sup> national congress of Professional promotion of nursing and midwifery: challenges and solutions, Shiraz:2011*
- 5- *Quran research and medicine: Jahrom university of medical sciences:2012*
- 6- *The national congress of women health. Isfahan university of medical sciences. 19th –21th 2014.*
- 7- *The fourth course of medical ethics and health philosophy fellowship:Shiraz: 2022*
- 8- *6<sup>st</sup> national congress on medical ethics & 5<sup>rd</sup> National congress on ethics & modern methods of infertility treatment. Jahrom university of medical sciences:2018*

- 9- *4<sup>st</sup> national congress ethics & modern methods of infertility treatment. Jahrom university of medical sciences:2016*
- 10- *National conference on the transformation of the health system in the field of spirituality Jahrom university of medical sciences:2016*
- 11- *Iran's first international women's health seminar: Health Policy Research Center: 2011*

### **Reviewer**

*Journal of nursing ethics and education: Jahrom university of medical sciences.*

*The first international conference on reproductive ethics and the third national conference on ethics and modern methods of infertility treatment-1392*

*the national conference on the transformation of the health system in the field of spirituality*

*Review of medical students' thesis of Jahrom University of medical sciences*

*Review of research projects related to Jahrom University of medical sciences*

*The 15th International Congress of Women and Midwifery of Iran . Tehran: 2016*

*Member of reviewers committee of Shahid Motahari festival*

*Review of Research projects related to the student research committee of Jahrom University of medical sciences*

*Winning the second place in the university women's four-way volleyball tournament*

### **AdvisorThesis**

- 1- *The Effect of Virtual Education with a Problem-Based Approach Using Virtual-Small Groups on Academic Achievement and Participatory Learning in Midwifery Students of Islamic Azad University, Jahrom Branch, Iran. Iida Rahmainan. MSc of medical education kerman university of medical sciences: 2019. (Advisor)*

### **Workshop**

*Improving mental ability of children*

*Promotion of breastfeeding*

*Designing questions and standardizing tests*

*Symposium on professional errors in nursing and midwifery*

*Proposal writing training*

*Standardization of IUD placement skills*

*Family planning for students of religious sciences*

*Children's care program for Behvarzan*

*Family Education*

*Responsive learning*

*Tool making*

*Focusky Ap*  
*Developing innovative plans and how to write process*  
*Resume writing*  
*Sexually transmitted diseases*  
*Neonatal resuscitation*  
*Journal club*  
*Obstetrics and obstetrics emergencies*  
*Complications of contraceptive methods*  
*Designing and implementing a comprehensive nursing exam*  
*How to organize a good journal club*  
*Abortion*  
*Breast feeding*

### ***Attending the workshop***

*Designing questions and standardizing tests*  
*Congress of menopause and andropause*  
*National conference on ethics and modern methods of infertility treatment*  
*Examining beliefs and questions related to contraceptive methods*  
*National Family Health Symposium*  
*Integrated Maternal Health Care*  
*Child friendly hospitals*  
*Professional promotion of nursing and midwifery: challenges and solutions*  
*New teaching methods*  
*International women's health seminar*  
*National workshop on the system of care and examination of the death of children aged 1-59 months*  
*Lesson Plan*  
*Scientometry*  
*Basic and advanced research methods*  
*Responsive education and social responsibility*  
*spiritual health*  
*SPSS workshop*  
*Integrated elderly Health Care*  
*Quran study and medicin*  
*Qualitative research methods*  
*Healthy relationships in the family*  
*Induction of labor - cesarean section and natural birth*  
*Scholarship*  
*Kangaroo mother care*  
*Transformation and innovation in medical science education*  
*Mental health*  
*Interpretation of blood gases*  
*Learning styles*  
*Airway management*  
*University rules and regulations*  
*Integrated Geriatric Health Care*  
*Bleeding in the first trimester of pregnancy*  
*Principles of counseling in midwifery*  
*Mana*  
*Neonatal resuscitation*  
*Influenza A*  
*Preparation for childbirth(Physiological childbirth specialized course)*  
*Endnote*  
*Exercise and physical health*

*Presenting ethical issues (informing the patient)*  
*Theology in descriptive sciences*  
*Familiarity with outcome-oriented education*  
*PubMed database*  
*The role of advisors*  
*Cultural fellowship*  
*A working group with the implementation of two methods of large and small groups*  
*Staff questionnaire regarding the awareness, attitude and performance of urban and rural families regarding nutrition*  
*Science Survey*  
*Search engines*  
*Preparation for physiological childbirth*  
*Infertility and new methods of treatment*  
*Pre-Course Workshop of Psychosexual Disorders and Infertility of the 16th National Congress and the First International Congress of Infertility in Iran*  
*Comparison of Abrahamic religions*  
*Preliminary research in education*  
*Interpretation of radiological images*  
*National symposium on family health and promotion of breastfeeding*  
*Needle stick and occupational injury*  
*Research methodology in education*  
*How to provide feedback to the learner*  
*Hospital triage*  
*Comparison of celestial religions*  
*Pub Med*  
*Rethinking educational experiences*  
*Article writing*  
*DC shock*  
*Bedside patient assessment scales*  
*Scientific writing*  
*PBL*  
*Promotion regulations*  
*How to prepare a standard PowerPoint*  
*96-hour medical education fellowship course*  
*The 6th National Breast Cancer Congress: Tehran*  
*The principles of criticism of RCT articles based on the consort model*  
*IMCI*  
*Series of workshops on infectious diseases*  
*Series of school health workshops*  
*Series of mental health workshops*  
*Series of family health workshops*  
*End Note*  
*Media activism of professors*  
*Basics of religious epistemology*  
*Series of ethics workshops in research*  
*Infertility and new methods in treatment*  
*Acquaintance with research tools and modern medical research information system in Iran*  
*ECG interpretation*  
*Kahoot AP*  
*Interactive tools and making online questionnaires*  
*Breast feeding promotion program*  
*Advanced search in systematic reviews*  
*Strengthening motivation in students*  
*Also, she has attended more than 1476 hours of training from 2000 to 2023 in Continuing education courses.*  
*Professional coverage*



*Active learning: its methods and requirements*

*Pajohan system*

*Creating academic motivation in students*

*Chemical accidents in the workplace*

*Middle-aged health program in the second step of the covid epidemic*

*Basic Life Support*

*Knowledge enhancement workshop for professors on the topic of the basics of religious epistemology*

*The consensus of professors with the issue of media activism of professors*

*LinkedIn & Research gate*

### **Honors**

*The first rank of midwifery students in Islamic Azad University, Jahrom branch- 1999*

*The best undergraduate student of Shiraz University of Medical Sciences – 2008*

*The best undergraduate student of Shiraz University of Medical Sciences – 2009*

*The rank of the best osce in Jahrom University of medical sciences -2010*

*The best undergraduate student of Shiraz University of Medical Sciences – 2008*

*The best postgraduate student of Shiraz University of Medical Sciences – 2012*

*The top midwife of the health department- 2010*

*The top midwife of the health department- 2013*

*The top midwife of the education department- 2019*

*Top researcher of Jahrom University of Medical Sciences-2013& 2015*

*Top consultant professor of Jahrom University of Medical Sciences*

*Top speech at the 6th national seminar of midwifery nurses and research of Golestan University of Medical Sciences-2013*

### **Responsibilities**

*Member of the Scientific Committee of the Midwifery Department of the 15th Iran Women and Midwifery Congress- 2016*

*Member of Research Council in Education*

*Member of the Education Quality Improvement Committee- 1391*

*Article writing committee member-1391*

*Member of the Educational Council of the Faculty of Nursing - Since 2013- 2014 and 2020-2024*

*Member of the need assessment committee of Paramedical school*

*Member of the academic progress committee- 1393*

*Director of women's nursing department- Since 2012- 2014*

*Head of the Student Research Committee-Since 2012- 2023*

*Student advisor professor-since 2012- 2024*

*Member of the academic committee to promote natural childbirth- 1392*

*The head of the mother and child clinic of the health center82-85*

*Breastfeeding promotion expert89-90*

*Expert responsible for out-of-hospital children's deaths89-90*

*Health center manager- 83-85*

*Member of the academic committee of breast milk promotion program*

*85-89*

*The head of the artificial milk prescribing committee of the Health Vice-Chancellor of Jahrom University of Medical Sciences*

*Member of Research Council in Nursing and Paramedical school- Since 2015- 2024*

*Member of Research Council in JUMS*

*Research Assistant of the Faculty of Paramedicine*

*Secretary of Curriculum Planning Committee of Paramedical school*

*Member of the Curriculum Planning Committee of EDC*

*Member of the Executive Committee of the First International Infertility Congress of Iran*

*Physiological childbirth training core, Jahrom University of Medical Sciences*

*Member of the Scientific Committee of the 9th Shahid Motahari Festival*

*Member of the Scientific Committee of the 10th Shahid Motahari Festival*

*Committee for development projects in education*

*Member of the Executive Committee of the 15th National Congress and the First International Congress of Infertility of Iran-1388*

*Member of the executive committee of the nursing post-internship exam since 2018-2024*

*The scientific committee of the national conference on the transformation of the health system in the field of spirituality*

*Member of the academic progress committee in nursing school*

*Secretary of the responsible education committee*

*Designing and implementing OSCE tests for nursing students, operating room, anesthesia and medical emergencies- since 2012- 2024*

*Director of the Research Council of the Faculty of Nursing and Paramedicine*

*Member of the development council of JUMS*

*Member of the root cases analysis committee of JUMS*

*Member of the brilliant talent committee of EDO of paramedical school*

*Member of the supervision committee of theory tests of Paramedical school*

*Advisor of Shahed and isargar students*

*Member of the University Education Council*

*Member of the University Professors Empowerment Committee*

*Vice-Chancellor of the Faculty of Paramedicine*

*Establishing a health-educational center for breast cancer screening*

### **Academic teaching**

#### **Nursing school:**

- 1. Community health education (Apprenticeship)+ (internship)**
- 2. Children education (Apprenticeship)**
- 3. Obstetrics education (Apprenticeship)**
- 4. Maternal and newborn health (Theoretical lesson)**
- 5. Maternal and newborn health disorders (Theoretical lesson)**
- 6. Emergency internship**
- 7. Examination of health status and symptomatology (Theoretical & Practical lesson)**
- 8. Internal – Surgical Nursing (Theoretical lesson)**
- 9. Nursing management(internship)**

#### **Anesthesia department:**

- 1. Physical exam (Theoretical & Practical lesson)**
- 2. Nursing skill in anesthesia (Apprenticeship)**
- 3. Internal – Surgical diseases (Theoretical lesson)**
- 4. Research in medical sciences (Theoretical lesson)**
- 5. Internship of anesthesia 2 (internship)**
- 6. Population and family planning(Theoretical lesson)**

#### **Surgical technology department:**



1. *Gynecology and urology surgery technology (Theoretical lesson)*
2. *Health in operation room (Theoretical lesson)*
3. *Nursing skill (Apprenticeship)*
4. *Research in operation room (Theoretical & Practical lesson)*

**Medical emergency department:**

1. *Physical exam (Theoretical & Practical lesson)*
2. *OB & GYN (Theoretical lesson)*
3. *Internship of CPR (internship)*
4. *Nursing skill (Apprenticeship)*
- 5.

**Islamic Azad University (Jahrom Branch) for Midwifery department:**

1. *Principles of management in midwifery (Theoretical lesson)*
2. *Physical exam (Theoretical lesson)*
3. *Internal – Surgical physiopathology (Theoretical lesson)*

**MSc of Nursing (Internal – Surgical):**

1. *Acute Internal – Surgical diseases (Theoretical lesson)*

**Other institutions**

**Childcare program for Behvarzi school**

**Apprenticeship of OB1-3 for Midwifery students of Islamic Azad University, Jahrom branch**

**Apprenticeship of maternal and child health for Midwifery students of Islamic Azad University, Jahrom branch**

**Apprenticeship of maternal and child health for Midwifery students of Shiraz University of medical sciences**

## **Social resume**

1. *Setting up a painting exhibition for children during Breastfeeding week in 2011*
2. *Active participation in the exhibition of the achievements of the leisure plan of the health Vice-Chancellor in 2011*
3. *Active participation in the painting exhibition of the capable employees of the Jahrom university of medical sciences in 2022*
4. *Holding health education classes for health liaisons*
5. *Holding health education classes for General population - 2006*
6. *Holding health education classes for high school students of Jahrom city*
7. *Holding special health education courses for student groups in different categories*
8. *Teaching in the plan to prevent disability and social damage for homeless women*
9. *Thalassemia education in Jahrom high schools*
10. *General health education during health week*
11. *Creating a health SMS system for families*
12. *Holding a one-day seminar on healthy relationships between husband and wife for the general public*
13. *The fifth women's visual arts festival*
14. *Lecturer of family education course*
15. *Improving mental ability*
16. *Plan to improve the mental capacity of infants under 2 years old*
17. *Teacher of family education course in schools*

## **Encouragement from higher authorities**

1. *World breastfeeding week- General director of population, family and school health office of the Ministry of health*
2. *National measles and Rubella vaccination plan- President of Jahrom university of medical sciences*
3. *Children health program- General director of population, family and school health office of the Ministry of health*
4. *World breastfeeding week- Deputy health officer of Jahrom university of medical sciences*
5. *Conducting online training classes during the Corona period – Education assistant of Jahrom University of medical sciences*
6. *Corona Pandemic Care Program - Deanship of Jahrom University of medical sciences*
7. *Participation in university research councils- Deanship of Jahrom University of medical sciences*
8. *Planning and implementation of the post-internship exam- Education assistant of Jahrom University of medical sciences*
9. *Received a certificate of appreciation in the polio eradication vaccination program from the university president*
10. *Received a certificate of recognition in the national measles and rubella vaccination program from the university president*
11. *Received a certificate of appreciation in the new monitoring and evaluation system program from the university president*
12. *Implementation of the plan to estimate the coverage of immunization program vaccines at the national level: the head of the disease management center of the Ministry of Health*